

In-vitro Cytotoxicity Studies of Methanolic Bulb Extract of *Zephyranthes Citrina* on Cervical Cancer (Hela), Breast Cancer (MCF-7) and Oral Cancer (SCC-9)

Prakash. J¹ and Vedanayaki. S¹*

^{1,1*}Dept. of Chemistry, Kandaswami Kandar's College, Velur, Namakkal – 638 182.

Abstract

Medicinal plants play a vital role to cure many human diseases from thousands of years ago. Cancer is one of the most killing diseases and causes cruel defects on human being. There are many types of cancer diseases which affects the different organs of the body. Yet there is no appropriate medicine to cure such type of cancer diseases. In the present research work methanolic bulb extract of *Zephyranthes citrina* is tested for *in-vitro* cytotoxic activity against three different human cancer cell lines such as cervical cancer (HeLa), breast cancer (MCF-7) and oral squamous carcinoma cancer (SCC-9). The cytotoxicity studies of the extract on cancer cell lines were investigated *in-vitro* through MTT assay. The results revealed that increase in the concentration of the extract, the percentage of inhibition become increases. The changes in the cell lines after exposure with the extract were observed under phase contrast microscope at various dose dependent manners. Among the three cell lines tested, methanolic bulb extract of *Zephyranthes citrina* showed significant cytotoxic effects on SCC-9 cell lines having an IC₅₀ value of 88.79 µg/ml.

Keywords: Cytotoxicity, Zephyranthes citrina, HeLa, MCF-7, SCC-9, MTT Assay

INTRODUCTION

Phytochemistry is the branch of chemistry concerned with plants and plant products. Medicinal plants have been used as traditional treatments for numerous human diseases for thousands of years¹. Medicinal plants are most significant source of life saving drugs for a majority of the world's population². The world Health Organization (WHO) estimates that 80% of the populations of developing counties rely on traditional medicines, mostly plant drugs³. The valuable medicinal properties of different plants are due to the presence of several chemical constituents like alkaloids, tannins, phenolics, flavonoids, terpenoids, carbohydrates, glycosides, steroids, saponins, fats and oils etc., among them, some are synergistic and enhance the bioactivity of other compounds⁴.

Zephyranthes citrina was described by Baker in 1882. It belongs to the family Amaryllidaceae. Plants of the Amaryllidaceae family, small group а of monocotyledonous species, include about 860 to 1100 species in eighty five genera distributed largely over tropical and sub- tropical regions⁵. It is a bulbous plant with green leaves dull 4mm wide. The one-inch lemon yellow flowers of this rain lily spring forth in late summer. These yellow blooms face upwards and fare open, giving them a cheerful appearance⁶. It grows luxuriantly in natural grasslands and as well as in gardens after rain fall. Since they often come into bloom after it rains, zephyranthes are commonly called as citron zephyr lily or yellow rain lily⁷. The main objective of the present study is to evaluate cytotoxicity of bulb methanolic extract of zephyranthes citrina on three different human cancer cell lines such as cervical cancer (HeLa), breast cancer (MCF-7) and oral squamous carcinoma cancer (SCC-9).

Natural products and connected drugs are used to treat 87% of all categorized human diseases including bacterial infection, cancer and immunological disorder⁸. More than 3000 plant species have been reported to have anticancer

properties⁹. India has a rich heritage of traditional knowledge and is home to several important time – honored systems of health care like Ayurveda, Siddha and Unani.

Cancer is a leading cause of death worldwide, accounting for an estimated 9.6 million deaths in 2018. The most common cancers are lung, breast, cervical, liver, prostate, oral and colorectal cancer¹⁰. Cancer is a wide group of diseases involving abnormal cell growth with the potential to invade nearby parts of the body. It is one of the most prominent diseases in humans and is still not curable in many cases¹¹. HeLa (Epithelial Cervical cancer) is an immortal cell line used in scientific research. It is the oldest and most commonly used human cell line. The cell line was derived from cervical cancer cells on 1951¹². MCF-7 (Breast cancer) is the second cancer effect of people worldwide and the most common cancer among femals¹³. It is isolated in 1950 from a 69-year old woman. MCF-7 is the acronym of Michigan Cancer Fondation-7. SCC-9 (Oral cancer) is the sixth most common type of cancer in the world. Squamous cell carcinomas (SCC) make up 96% of all oral cancer. The poor prognosis of SCC is owing to invasion and local reappearance. SCC cells undergo a transformation process known as the epithelial - to - mesenchymal transition¹⁴.

MATERIALS AND METHODS

Collection and Authentication of Plant material

The plant was collected from host area of Institution and Kuchipalayam, Paramathi velur, Namakkal District, Tamil Nadu, India.. The plant was identified and authenticated in the BSI (Botanical Survey of India), Department of Botany, Agricultural University, Coimbatore. The bulbous plant material were cut into pieces, dried under shade for 15 days, coarsely powdered and stored in air tight containers for the further study.

Preparation of plant extract by Soxhlet extraction

The *Zephyranthes citrina* sample was dried and successfully extracted with methanol in a Soxhlet apparatus by Soxhlet extraction method. The concentrated extract was subjected to preliminary qualitative analysis for the identification of various phytochemical constituents as per standard procedures¹⁵⁻¹⁷.

Preparation of test solutions

For cytotoxicity studies, 10 mg of the sample (*Zephyranthes citrina* methanolic bulb extract) was dissolved in 100 μ l of DMSO (Dimethyl sulphoxide) to obtain a main stock solution of concentration 100 mg/ml. From this serial dilutions (25, 50, 100, 200, 400, 600, 800 and 1000 μ g / ml) were prepared for cytotoxicity studies.

Cell lines and culture medium

The cell lines [HeLa (Cervical cancer), MCF-7 (Breast cancer) and SCC-9 (Oral cancer)] were procured from American Type Culture Collection (ATCC), Manassas, Virginia. The stock cells were cultured in Dulbecco's Modified eagle Medium (DMEM) / Nutrient Mixture F-12 (F 12) supplemented with 10% inactivated Fetal Bovine Serum (FBS), penicillin 100 IU/ml, streptomycin 100 μ g/ml in a humidified atmosphere of 5 % CO₂ at 37°C. The cells were dissociated with Trypsin Phosphate Versene Glucose (TPVG) dissociating solution [0.2 % trypsin, 0.02 % EDTA and 0.05 % glucose in Phosphate Buffer Saline (PBS)]. The stock cultures were grown in 25 cm² culture flasks and all experiments were carried out in 96 microtitre plates¹⁸⁻²³.

Cytotoxicity evaluation by MTT assay

The monolayer cell culture was trypsinized and the cell count was adjusted to 1.0×10^5 cells / ml using DMEM medium containing 10 % FBS. 100 µl of the diluted cell suspension (approximately 10000 cells / well) was added, to each well of the 96 well microtitre plates. The supernatant was flicked off, the formed monolayer washed with medium and 100 µl of different test concentrations of test drugs were added on to the partial monolayer in microtitre plates. Then, the plates were incubated at 37°C for 24 hrs in 5 % CO₂ atmosphere. After incubation, the test solutions in the wells were discarded and 100 μ l of [3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyl MTT tetrazolium bromide] (5 mg/10 ml of MTT in PBS) was added to each cell. The plates were incubated for 4 hrs at 37°C in 5 % CO₂ atmosphere. The supernatant was removed, 100 µl of DMSO was added and the plates were gently shaken to solubilize the formed formazan. The absorbance (OD) was measured at a wavelength of 590 nm. The percentage of growth inhibition was calculated using the formula given below¹⁸⁻²³.

% Inhibition = 100 – [Absorbance (OD) of the sample / Absorbance (OD) of the control] X 100

Statistical evaluation (IC₅₀ value)

The half maximal inhibitory concentration (IC₅₀) is a measure of the effectiveness of a compound in inhibiting biological or biochemical function. The required concentration for a 50 % of inhibition was determined from the dose response curves of each cell line. IC₅₀ values for cytotoxicity tests were derived from a nonlinear regression analysis.

RESULTS

The cytotoxicity results of the bulb methanolic extract of *Zephyranthes citrina* on three different cell lines are expressed in the table as given below.

Cell line: HeLa (Cervical Cancer) – Table 1: Cytotoxicity of *Z.citrina* on HeLa cell line

Compound name	Conc. µg/ml	OD at 590nm	% of Inhibition	IC ₅₀ µg/ml
Control	0	0.7651	0	
	25	0.6278	17.94	
	50	0.5167	32.47	
	100	0.4314	43.62	
Z.citrina	200	0.3047	60.17	136.4
ME	400	0.1927	74.82	
	600	0.1457	80.96	
	800	0.1116	85.42	
	1000	0.0946	87.63	

Cell line: MCF-7 (Breast Cancer) – Table 2: Cytotoxicity of *Z.citrina* on MCF-7cell line

Compound name	Conc. µg/ml	OD at 590nm	% of Inhibition	IC ₅₀ µg/ml
Control	0	0.8232	0	
	25	0.6591	19.94	
	50	0.5366	34.81	
	100	0.4131	49.82	
Z.citrina	200	0.3097	62.38	104.8
ME	400	0.2207	73.19	
	600	0.1687	79.51	
	800	0.1246	84.86	
	1000	0.0964	88.29	

Cell line: SCC-9 (Oral Cancer) –T able 3: Cytotoxicity of *Z.citrina* on SCC-9 cell line

of <i>Z. citrina</i> on SCC-9 cell line							
Compound name	Conc. µg/ml	OD at 590nm	% of Inhibition	IC ₅₀ µg/ml			
Control	0	0.7846	0				
	25	0.6033	23.11				
	50	0.4737	39.63				
	100	0.3553	54.71				
Z.citrina	200	0.2368	69.82	88.79			
ME	400	0.1549	80.26				
	600	0.0912	88.37				
	800	0.0665	91.52				
	1000	0.0562	92.84				

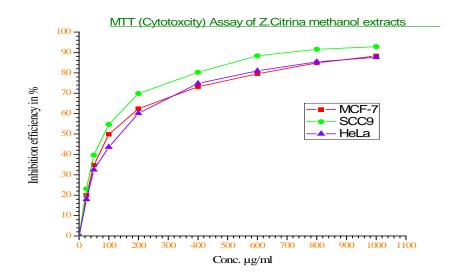
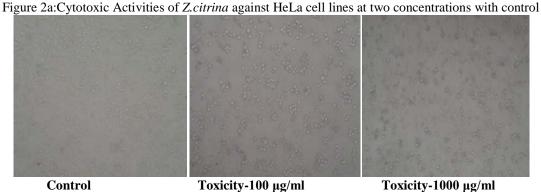


Figure 1: The % of inhibition against three cell lines at various concentrations $(25 - 1000 \mu g/ml)$ with control







Control

Toxicity-100 µg/ml

Toxicity-1000 µg/ml

Figure 2c: Cytotoxic Activities of Z. citrina against SCC-9 cell lines at two concentrations with control



Figure 2: Cytotoxic Activities of Z.citrina against three cell lines at two concentrations with control

DISCUSSION

The percentage of inhibition against three different human cell lines (HeLa, MCF-7 and SCC-9) with crude methanolic bulb extract of *Zephyranthes citrina* (Compound Name) showed variations in activity. In all the cell lines, the concentrations of the sample like 25, 50, 100, 200, 400, 600, 800 and 1000 μ g/ml of the sample are tested. The absorbance (OD) is measured using a microplate reader at a wavelength of 590 nm. Different concentrations of the sample exhibited different activity on different cell lines. The results revealed that the % of inhibition of the cell lines increases with increase in concentration of the sample in μ g/ml.

The % of inhibition (cytotoxic activity) against HeLa, MCF-7 and SCC-9 human cancer cell lines is observed and the results obtained are tabulated in table 1, table 2 and table 3 respectively. The graphical representation of the % of inhibition efficiency against concentrations in μ g/ml is expressed in figure 1. After exposure of extract to each cell lines, the percentage of cell viability are observed under phase contrast microscope at two different concentrations such as 100 and 1000 μ g/ml with control. The results are shown in figure 2 which include figure 2a, 2b and 2c.

The concentration of the sample required to inhibit cell growth by 50 % called IC₅₀. The IC₅₀ values of a sample are determined by constructing a prism dose-response curve for every cell lines. Among the three cell lines tested, SCC-9 showed higher activity (IC₅₀ – 88.79 µg/ml) than the others. The other two cell lines, MCF-7 (IC₅₀ – 104.8 µg/ml) and HeLa (IC₅₀ – 136.4 µg/ml) also found to be possess significant cytotoxic activity.

CONCLUSION

Based on the results obtained in the present investigation of *in-vitro* cytotoxicity studies of the crude methanolic bulb extract of *Zephyranthes citrina* against three different human cancer cell lines (HeLa, MCF-7 and SCC-9), it conifers the presence of cytotoxic compound or tumor degrading substances. The results revealed that SCC-9 cell line showed a potent cytotoxicity with IC₅₀ value of 88.79 μ g/ml. In accordance with the findings from the report, the phytochemical constituents such as flavonoids, alkaloids, phenolics and terpenoids are the major components which are responsible for the potential cytotoxic activity. Further research is to be carried out to fractionate, inorder to find out the molecules responsible for cytotoxic activity observed.

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