

A Phyto Pharmacological Review on *Cotoneaster microphyllus* Species

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Abstract:

Rockspray *Cotoneaster* is a prostrate, mat-forming shrub which will climb over rocks. It is a strong contender for the plant found at highest altitudes. In this review a brief discussion of *cotoneaster microphyllus* species were discussed and compared its habit and habitats of various species. It has wide uses and benefits along with toxic effects as well as phytochemical and pharmacological activity responsible for anti diabetic activity and anti diarrhoeal activity.

Keywords : *cotoneaster microphyllus*, toxic effects, phytochemical and pharmacological activity.

INTRODUCTION:

Cotoneaster microphyllus is a evergreen unpopular plant mostly found in the hill station areas *Cotoneaster microphyllus* is a medicinal plant belonging to the family rosaceae and is a rich source of flavonoids and glycosides which are distributed in the parts leaves, berries, flowers of the plant. These flavonoids have found extensive application in the treatment of dysmenorrhoea and dermatitis. The cyanoglycosides are found in the part of the fruit, leaf, and bark, stolons which has potential as astringent property. It is important to mention that the part of the *cotoneaster microphyllus* plant that berries were poisonous causing gastro enteritis if consumed. *Cotoneaster microphyllus* is well suited for use as an ornamental because of its graceful white flowers in spring and brilliant red fruit in autumn.^[1] And the Leaves *cotoneaster microphyllus* plants are used for Dermatitis.^[2] These shrubs with height-50 to 100cm and width 1 to 1.5cm.^[3] And these plants are trailing on rocks on grassy hillsides about 1200-5400m and river valleys at elevations of 2000-4200m.^[4] These are low growing, spreading shrubs and mostly grown in hill and cold place.^[5] And the favourable soil type for this plant is clay, sandy, and heavy soils. This can be cultivated on all type of pH like acidic, basic, neutral. The required heat zones of this plants are light shade and it requires moderate water for growth. The life type of this plants are evergreen and the life cycle is perennial.^[6] It prefers good soil but also grown in poor soils. Most of these are slow growing hybridize easily with other genus. *Cotoneaster* will tolerate range of soil types - from the poor dry soils to moist fertile loams. For best results plant in full sun, this shrub will happily grow under partial shade. Prune to shape in spring - removing wood if necessary. It is important to protect from wild sources or pesticides. The fruit is very much like to bees. In this stored seed germinate faster if given 3 months warm stratification at 15°C and 3 months cold stratification at 4°C and seed germinates within 1-8 meters it takes 2 years at 15°C.^[7]

Botanical Classification:

Kingdom : Plantae
Order : Rosids
Family : Rosaceae
Subfamily : Amygdaloideae
Tribe : Maleae
Subtribe : Malinae^[8]

INTRODUCTION OF *COTONEASTER MICROPHYLLUS* SPECIES:

Cotoneaster microphyllus is one of the species in the genus of *cotoneaster*. This *cotoneaster microphyllus* had 4 sub species and their morphological descriptions are as follows:

- ***Cotoneaster microphyllus* var. *Conspicuous***
It has a wider growth form and broader leaves and fruits, and occurs at elevations of 2,700–3,300 m in the Brahmaputra

River valley, Tibet. The fruit has important ornamental value due to its persistent brilliant color.^[9] Common name is *cotoneaster conspicuus* Decorus.^[10] And these are native to south east Tibet. It grows to 1 to 1.5 meters height with white five stellate flowers followed by fruit.^[11]

- ***Cotoneaster microphyllus* var. *glacialis***
Very rarely offered, this wild collected seed was found at an altitude of 4,000 meters in Nepal where it covers rocks and ground with total creeping carpets smothered in white flowers in spring. Later comes impressive display of dazzling red berries.^[12] These are shrubs reach heights of 50 to 70 cm. And bluish green simple alternate leaves. They are elliptic. These plants are native to Himalayas.^[13]
- ***Cotoneaster microphyllus* var. *cochleatus***
This type with revolute leaves, and occurs in Yunnan and Sichuan.^[14] The species is native in Himalayas, Nepal, Sikkim and in south western china. These are low dwarf shrubs forming very dense and low dark green hummocks. The leaves are ever green, alternate, small, elliptic to obovate and margins are rolled downwards. It has white solitary flowers in May to June. The fruits are brilliant red and globose.^[15]
- ***Cotoneaster microphyllus* var. *Thymifolius***
It has relatively narrow, revolute leaves and bright red fruit, occurs at elevations of 3,000-4,000 m, in northwestern Yunnan.^[16] It has tiny leaves with rolled edges. And first are in dark red colour. In early summer it produces pink buds that open to white flowers. The main branches are horizontal but secondary branches are held more upright and arching especially when weighed with berries. It is an ever green shrub and it can grow both in acidic and neutral pH.^[17]

Folklore Uses :

- The stolons are used as astringent. Stolons are also used as haemostatic. And it is referred that this plant is also useful to treat diarrhoea.^[26]
- Dried leaves are used for incense (incense is aromatic biotic material which releases smoke when burned)^[27]
- Fruits are used for irregular menstruation and in disease of bile malfunctioning.^[28]

Other uses of fruits :

- Fruits can make adequate jellies if mixed with sweet apples for a *cotoneaster microphyllus*
- Fruits are made into paste and mixed with brassy oil and applied on skin against irritation.^[29]
- Fruits as Rose – tan dye to reduce bitter taste.^[30]
- The leaves and stems and branches of this also used for fencing, sheltering etc.,

Brief description about morphological characters of species *Cotoneaster microphyllus* species:

Description	<i>C.M.VAR.COCHLEATUS</i>	<i>C.M.VAR.THYMIFOLIUS</i>	<i>C.M.VAR.CONSPIOCUUS</i>	<i>C.M.GLACIALIS</i>
Habit	low dwarf shrub	ever green shrub	ever green shrub	Shrubs
Native	Nepal,Himalayas,Sikkim	North western yunn	Bramhaputhra river valley,Tibet	Nepal ^[18]
Leaf	Ever green,alternate,small elliptic and margins are rolled downwards	Tiny leaves with rolled edges	small , glossy dark green	Bluish green,simple alternate and elliptic
Flower	White solitary flowers in May or June	In early summer produces pink buds and later open into white flowers	White five stellate flowers	Five stellate flowers from June to July
Fruit	Brilliant red berries ^[19]	Dark red berries	Red berries ^[20]	Red berries ^[21]
Soil type	Sandy,chalk,loamy,clay	Soil type :well dried sandy loams	Sandy,loamy,clay,chalk	Poor dry soils to moist fertile loams
pH	acidic,basic,neutral ^[22]	acidic,neutral ^[23]	acidic,basic,neutral ^[24]	acidic,basic,neutral ^[25]

TOXICITY:

The California Poison Control Center lists cotoneasters as Level 4 toxic plants. Ingesting their poisonous parts affects the heart, liver, kidney or brain. Cotoneasters' leaves, berries and flowers all contain cyanogenic glycosides. These toxins convert to cyanide during digestion, but cotoneasters' low concentrations of them mean an adult would have to eat a large amount to suffer serious symptoms. For pets or children, however, the risk of a serious reaction is much higher.^[31]

Statement by cooper about cotoneaster microphyllus:

Copper in (1902) described 3 cases of acute dermatitis of the hands,wrists,face and thighs in gardeners who had clipped extensive cotoneaster microphyllus headges. He noted that the leaves of the plant thickly covered with filiform white hair with a shapely pointed free extremity. These he believed that ,were responsible for the dermatitis.. The eruptions, which had an erythematous and urticarial appearance resolved after 10 to 14 days. Intense, irritation was the worst feathure of these cases .The head gardener later reported that further slight cases occurred in spite of the men wearing gloves and keeping their sleeves turned down.^[32]Cassaniti et al.(2009) showed that the decrease in shoot dry weight and leaf area were the first visible effects of salinity both in sensitive and tolerant species in cotonaster.^[33]

NATURAL ENEMIES OF COTONEASTER ^{[34]:}

Eight fungi and three arthropods are reported to attack members of the genus cotoneaster.

Fungi:

Phylum	Family	Species
Ascomycota	Erysiphaceae	<i>Phyllactinia pyri</i>
Basidiomycota	Incertae sedi	<i>Aecidium cunninghamianum</i> & <i>Coleopuccinia kunmingensis</i> & <i>Roestelia nanwutaitana</i> & <i>Roestelia sikangensis</i>
Basidiomycota	Pucciniaceae	<i>Gymnosporangium clavariiforme</i> & <i>Gymnosporangium confusum</i>
Anamorphic Mycosphaerella		<i>Pseudocercospora cotoneastri</i>

Arthropods:

Order	Family	Species
Coleoptera	Scolytidae	<i>Scolytus abaensis</i>
Homoptera	Pseudococcidae	<i>Pseudococcus comstocki</i>
Lepidoptera	Arctiidae	<i>Arctia flavia</i>

PHYTOCHEMICAL INVESTIGATIONS:

The main chemical constituent present in cotoneaster species are leaf FLAVONOIDS^[35] and GLYCOSIDES.These chemical constituents present in leaves,berries and flowers.^[36]

Flavonoids

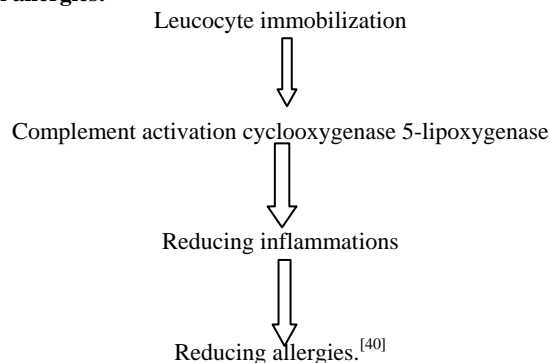
Flavonoids represent a large class of at least 6000 phenolic compounds found in fruits, vegetables, nuts, grain seeds, cocoa, chocolate, tea, soy, red wine, herbs and beverage products. Structurally, flavonoids consist of two aromatic rings linked by a 3-carbon chain that forms an oxygenated heterocyclic ring . There are six subclasses of flavonoids including flavones, flavonols, flavanones, flavonols, isoflavones^[37]

Cynogenic Glycosides

These are secondary metabolites of plants.They are used as defensive system to prevent the attack from herbivorous. Cynogenic glycosides were found to be present in the leaf,bark and fruit of cotoneasters.The leaf was found to have the greatest cynogenic glycosides and fruit atleast.Seasonal variation was found to be greates in the fruit so cynogenic glycosides content decreased in the fruit aged.^[38]

PHARMACOLOGICAL ACTIVITY**Anti-diabetic activity:**

It is biologically plausible that consumption of flavonoids or flavonoid-rich foods may reduce the risk of diabetes. This functional foods and phytomedicines play positive roles in maintaining blood glucose levels, glucose uptake and insulin secretion and modulating immune function to prevent specific DM . In current years various approaches have been made to utilize the flavonoids in vitro and in vivo models by incorporating few novel methods to improve its antidiabetic activity^[39]

Skin allergies:

CONCLUSION:

The review on *C. Microphyllus* is important in identifying grey areas in the research on this plant species and also provides comprehensive data thus far to continue research on this plant.

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